



RACE ANALYSIS

Senior Race Women

10 January 2026 11:35 START TIME 21° C 93 %
12:36 END TIME TEMPERATURE HUMIDITY
21° C 93 %

PLACE		BIB	NAME																DATE of BIRTH		RESULT	
1	1 km	2	2 km	3	3 km	4	4 km	5	5 km	6	6 km	7	7 km	8	8 km	9	9 km					
1		624	Agnes Jebet NGETICH										KEN		23 Jan 01		31:28					
1	2:55	2	3:08	3	3:03	4	3:06	5	3:07	6	3:12	7	3:14	8	3:17	9	3:15	3:11				
		2:55 (1)	6:03 (1)		9:06 (1)		12:12 (1)		15:19 (1)		18:31 (1)		21:45 (1)		25:02 (1)		28:17 (1)					
2		690	Joy CHEPTOYEK										UGA		15 May 02		32:10					
1	2:56	2	3:07	3	3:09	4	3:17	5	3:15	6	3:18	7	3:18	8	3:22	9	3:20	3:08				
		2:56 (5)	6:03 (4)		9:12 (2)		12:29 (2)		15:44 (2)		19:02 (2)		22:20 (3)		25:42 (2)		29:02 (2)					
3		565	Senayet GETACHEW										ETH		1 Oct 05		32:13					
1	2:56	2	3:07	3	3:09	4	3:17	5	3:15	6	3:18	7	3:18	8	3:22	9	3:20	3:11				
		2:56 (3)	6:03 (2)		9:12 (3)		12:29 (3)		15:44 (4)		19:02 (3)		22:20 (2)		25:42 (3)		29:02 (3)					
4		562	Asayech AYICHEW										ETH		3 Apr 05		32:44					
1	2:56	2	3:07	3	3:09	4	3:17	5	3:15	6	3:26	7	3:23	8	3:25	9	3:23	3:23				
		2:56 (2)	6:03 (3)		9:12 (4)		12:29 (4)		15:44 (3)		19:10 (4)		22:33 (4)		25:58 (4)		29:21 (4)					
5		563	Aleshign BAWEKE										ETH		23 Jan 06		32:49					
1	2:57	2	3:11	3	3:13	4	3:23	5	3:21	6	3:26	7	3:24	8	3:25	9	3:19	3:10				
		2:57 (9)	6:08 (8)		9:21 (5)		12:44 (5)		16:05 (5)		19:31 (7)		22:55 (7)		26:20 (7)		29:39 (6)					
6		692	Rispa CHEROP										UGA		5 Jun 96		32:52					
1	2:59	2	3:14	3	3:16	4	3:19	5	3:19	6	3:24	7	3:24	8	3:24	9	3:20	3:13				
		2:59 (15)	6:13 (13)		9:29 (10)		12:48 (8)		16:07 (7)		19:31 (6)		22:55 (5)		26:19 (6)		29:39 (5)					
7		571	Alem TSADIK										ETH		25 Feb 98		33:00					
1	2:58	2	3:09	3	3:15	4	3:22	5	3:22	6	3:26	7	3:23	8	3:24	9	3:21	3:20				
		2:58 (13)	6:07 (5)		9:22 (6)		12:44 (6)		16:06 (6)		19:32 (8)		22:55 (6)		26:19 (5)		29:40 (7)					
8		610	Maurine Jepkoech CHEBOR										KEN		28 May 04		33:06					
1	2:56	2	3:12	3	3:18	4	3:22	5	3:21	6	3:22	7	3:25	8	3:24	9	3:24	3:22				
		2:56 (6)	6:08 (7)		9:26 (8)		12:48 (9)		16:09 (10)		19:31 (5)		22:56 (8)		26:20 (8)		29:44 (8)					
9		685	Sarah CHELANGAT										UGA		5 Jun 01		33:20					
1	2:59	2	3:09	3	3:15	4	3:22	5	3:23	6	3:27	7	3:25	8	3:26	9	3:29	3:25				
		2:59 (16)	6:08 (6)		9:23 (7)		12:45 (7)		16:08 (9)		19:35 (10)		23:00 (9)		26:26 (9)		29:55 (9)					
10		701	Ednah KURGAT										USA		15 Jun 91		33:28					
1	3:01	2	3:16	3	3:19	4	3:22	5	3:22	6	3:25	7	3:21	8	3:28	9	3:28	3:26				
		3:01 (19)	6:17 (19)		9:36 (15)		12:58 (13)		16:20 (12)		19:45 (12)		23:06 (11)		26:34 (11)		30:02 (10)					
11		609	Caren CHEBET										KEN		24 May 00		33:31					
1	2:57	2	3:17	3	3:17	4	3:22	5	3:27	6	3:31	7	3:27	8	3:28	9	3:27	3:18				
		2:57 (7)	6:14 (14)		9:31 (13)		12:53 (12)		16:20 (13)		19:51 (14)		23:18 (13)		26:46 (12)		30:13 (12)					
12		564	Shure DEMISE										ETH		21 Jan 96		33:33					
1	3:04	2	3:13	3	3:11	4	3:21	5	3:19	6	3:24	7	3:30	8	3:32	9	3:35	3:24				
		3:04 (21)	6:17 (16)		9:28 (9)		12:49 (10)		16:08 (8)		19:32 (9)		23:02 (10)		26:34 (10)		30:09 (11)					
13		512	Lauren RYAN										AUS		15 Mar 98		33:47					
1	3:04	2	3:25	3	3:23	4	3:26	5	3:27	6	3:27	7	3:25	8	3:27	9	3:25	3:18				
		3:04 (22)	6:29 (25)		9:52 (22)		13:18 (22)		16:45 (24)		20:12 (21)		23:37 (19)		27:04 (15)		30:29 (13)					
14		549	Maria FORERO										ESP		24 Mar 03		33:53					
1	3:12	2	3:22	3	3:23	4	3:25	5	3:25	6	3:25	7	3:27	8	3:32	9	3:28	3:14				
		3:12 (36)	6:34 (34)		9:57 (31)		13:22 (29)		16:47 (29)		20:12 (23)		23:39 (21)		27:11 (22)		30:39 (19)					
15		511	Leanne POMPEANI										AUS		25 Jun 96		33:53					
1	3:08	2	3:24	3	3:21	4	3:25	5	3:24	6	3:28	7	3:27	8	3:29	9	3:28	3:19				
		3:08 (30)	6:32 (29)		9:53 (26)		13:18 (23)		16:42 (21)		20:10 (19)		23:37 (17)		27:06 (17)		30:34 (15)					
16		623	Rebecca MWANGI										KEN		15 Jun 01		33:55					
1	2:56	2	3:21	3	3:26	4	3:25	5	3:32	6	3:30	7	3:25	8	3:32	9	3:34	3:14				
		2:56 (4)	6:17 (17)		9:43 (20)		13:08 (19)		16:40 (19)		20:10 (18)		23:35 (15)		27:07 (18)		30:41 (20)					

RACE ANALYSIS

Senior Race Women

17	708	Karissa SCHWEIZER	USA	4 May 96	33:58													
1	3:03	2	3:22	3	3:23	4	3:28	5	3:29	6	3:27	7	3:25	8	3:28	9	3:28	3:25
	3:03 (20)		6:25 (22)		9:48 (21)		13:16 (21)		16:45 (22)		20:12 (20)		23:37 (18)		27:05 (16)		30:33 (14)	
18	677	Sarah LAHTI	SWE	18 Feb 95	34:00													
1	3:08	2	3:21	3	3:23	4	3:27	5	3:26	6	3:27	7	3:26	8	3:29	9	3:27	3:26
	3:08 (31)		6:29 (27)		9:52 (23)		13:19 (24)		16:45 (23)		20:12 (22)		23:38 (20)		27:07 (19)		30:34 (16)	
19	642	Hannah GAPES	NZL	28 Nov 03	34:01													
1	3:08	2	3:24	3	3:23	4	3:25	5	3:26	6	3:27	7	3:26	8	3:30	9	3:27	3:25
	3:08 (28)		6:32 (30)		9:55 (29)		13:20 (27)		16:46 (26)		20:13 (25)		23:39 (22)		27:09 (21)		30:36 (17)	
20	684	Rebecca CHELANGAT	UGA	1 Jan 02	34:06													
1	3:00	2	3:15	3	3:22	4	3:27	5	3:29	6	3:31	7	3:32	8	3:33	9	3:34	3:23
	3:00 (18)		6:15 (15)		9:37 (18)		13:04 (17)		16:33 (17)		20:04 (16)		23:36 (16)		27:09 (20)		30:43 (21)	
21	593	Niamh ALLEN	IRL	19 Apr 95	34:19													
1	3:11	2	3:23	3	3:23	4	3:26	5	3:26	6	3:28	7	3:31	8	3:37	9	3:38	3:16
	3:11 (35)		6:34 (33)		9:57 (30)		13:23 (30)		16:49 (30)		20:17 (29)		23:48 (28)		27:25 (25)		31:03 (25)	
22	611	Joyline CHEPKEMOI	KEN	7 Jan 07	34:20													
1	2:58	2	3:20	3	3:22	4	3:32	5	3:29	6	3:31	7	3:33	8	3:35	9	3:33	3:27
	2:58 (11)		6:18 (20)		9:40 (19)		13:12 (20)		16:41 (20)		20:12 (24)		23:45 (25)		27:20 (23)		30:53 (22)	
23	594	Fiona EVERARD	IRL	30 Sep 98	34:22													
1	3:15	2	3:24	3	3:28	4	3:30	5	3:30	6	3:33	7	3:29	8	3:30	9	3:26	3:17
	3:15 (44)		6:39 (39)		10:07 (38)		13:37 (33)		17:07 (32)		20:40 (31)		24:09 (31)		27:39 (31)		31:05 (26)	
24	699	Katie IZZO	USA	22 Dec 96	34:25													
1	3:05	2	3:24	3	3:24	4	3:27	5	3:27	6	3:32	7	3:35	8	3:37	9	3:29	3:25
	3:05 (25)		6:29 (23)		9:53 (27)		13:20 (28)		16:47 (28)		20:19 (30)		23:54 (30)		27:31 (29)		31:00 (24)	
25	581	Megan KEITH	GBR	23 Apr 02	34:25													
1	3:05	2	3:14	3	3:18	4	3:21	5	3:24	6	3:29	7	3:30	8	3:37	9	3:39	3:48
	3:05 (23)		6:19 (21)		9:37 (17)		12:58 (14)		16:22 (14)		19:51 (13)		23:21 (14)		26:58 (14)		30:37 (18)	
26	569	Lemlem NIBRET	ETH	1 Jan 05	34:27													
1	2:58	2	3:14	3	3:20	4	3:28	5	3:32	6	3:35	7	3:33	8	3:40	9	3:37	3:30
	2:58 (10)		6:12 (9)		9:32 (14)		13:00 (15)		16:32 (16)		20:07 (17)		23:40 (23)		27:20 (24)		30:57 (23)	
27	688	Martha CHEMUTAI	UGA	9 Sep 04	34:30													
1	2:59	2	3:13	3	3:25	4	3:28	5	3:24	6	3:32	7	3:42	8	3:46	9	3:37	3:24
	2:59 (17)		6:12 (12)		9:37 (16)		13:05 (18)		16:29 (15)		20:01 (15)		23:43 (24)		27:29 (27)		31:06 (27)	
28	554	Idaira PRIETO	ESP	17 Aug 97	34:32													
1	3:17	2	3:22	3	3:28	4	3:30	5	3:31	6	3:32	7	3:31	8	3:30	9	3:29	3:22
	3:17 (50)		6:39 (40)		10:07 (36)		13:37 (34)		17:08 (33)		20:40 (32)		24:11 (34)		27:41 (32)		31:10 (30)	
29	588	Poppy TANK	GBR	5 Dec 97	34:39													
1	3:16	2	3:25	3	3:27	4	3:31	5	3:29	6	3:32	7	3:30	8	3:33	9	3:32	3:24
	3:16 (48)		6:41 (46)		10:08 (42)		13:39 (40)		17:08 (36)		20:40 (34)		24:10 (33)		27:43 (34)		31:15 (33)	
30	555	Carolina ROBLES	ESP	4 Dec 91	34:42													
1	3:17	2	3:23	3	3:27	4	3:31	5	3:30	6	3:32	7	3:30	8	3:31	9	3:32	3:29
	3:17 (49)		6:40 (43)		10:07 (39)		13:38 (35)		17:08 (34)		20:40 (33)		24:10 (32)		27:41 (33)		31:13 (32)	
31	533	Chloe THOMAS	CAN	17 Oct 03	34:46													
1	3:14	2	3:26	3	3:31	4	3:31	5	3:34	6	3:32	7	3:33	8	3:33	9	3:33	3:19
	3:14 (41)		6:40 (44)		10:11 (44)		13:42 (42)		17:16 (42)		20:48 (39)		24:21 (37)		27:54 (37)		31:27 (37)	
32	696	Grace HARTMAN	USA	30 Jan 04	34:47													
1	3:08	2	3:21	3	3:23	4	3:27	5	3:27	6	3:29	7	3:33	8	3:41	9	3:41	3:37
	3:08 (29)		6:29 (26)		9:52 (24)		13:19 (25)		16:46 (25)		20:15 (27)		23:48 (26)		27:29 (26)		31:10 (29)	
33	712	Emily VENTERS	USA	6 Jun 99	34:48													
1	3:05	2	3:24	3	3:24	4	3:26	5	3:27	6	3:29	7	3:33	8	3:42	9	3:40	3:38
	3:05 (24)		6:29 (24)		9:53 (28)		13:19 (26)		16:46 (27)		20:15 (28)		23:48 (27)		27:30 (28)		31:10 (31)	
34	672	Glenrose XABA	RSA	31 Dec 94	34:51													
1	3:06	2	3:27	3	3:31	4	3:34	5	3:30	6	3:34	7	3:32	8	3:38	9	3:32	3:27
	3:06 (26)		6:33 (32)		10:04 (34)		13:38 (37)		17:08 (35)		20:42 (36)		24:14 (36)		27:52 (36)		31:24 (35)	

RACE ANALYSIS

Senior Race Women

35	575	Phoebe ANDERSON	GBR	23 Jun 02	34:52													
1	3:13	2	3:26	3	3:28	4	3:31	5	3:33	6	3:35	7	3:35	8	3:35	9	3:34	3:22
	3:13 (39)		6:39 (38)		10:07 (37)		13:38 (38)		17:11 (38)		20:46 (37)		24:21 (38)		27:56 (38)		31:30 (38)	
36	513	Maudie SKYRING	AUS	9 Apr 97	34:54													
1	3:10	2	3:22	3	3:26	4	3:32	5	3:35	6	3:35	7	3:32	8	3:35	9	3:40	3:27
	3:10 (33)		6:32 (31)		9:58 (33)		13:30 (31)		17:05 (31)		20:40 (35)		24:12 (35)		27:47 (35)		31:27 (36)	
37	620	Brenda Jepchumba KENEI	KEN	24 Dec 02	35:04													
1	2:57	2	3:15	3	3:18	4	3:30	5	3:38	6	3:36	7	3:40	8	3:41	9	3:48	3:41
	2:57 (8)		6:12 (11)		9:30 (12)		13:00 (16)		16:38 (18)		20:14 (26)		23:54 (29)		27:35 (30)		31:23 (34)	
38	526	Makenna FITZGERALD	CAN	10 Feb 00	35:17													
1	3:18	2	3:31	3	3:33	4	3:36	5	3:28	6	3:33	7	3:33	8	3:37	9	3:39	3:29
	3:18 (53)		6:49 (49)		10:22 (49)		13:58 (46)		17:26 (45)		20:59 (43)		24:32 (41)		28:09 (39)		31:48 (39)	
39	510	Bronte OATES	AUS	23 Aug 04	35:24													
1	3:12	2	3:25	3	3:29	4	3:35	5	3:35	6	3:40	7	3:37	8	3:39	9	3:37	3:35
	3:12 (38)		6:37 (35)		10:06 (35)		13:41 (41)		17:16 (40)		20:56 (42)		24:33 (43)		28:12 (41)		31:49 (40)	
40	700	Weini KELATI FREZGHI	USA	1 Dec 96	35:25													
1	2:58	2	3:14	3	3:18	4	3:20	5	3:21	6	3:27	7	3:31	8	3:48	9	4:13	4:15
	2:58 (12)		6:12 (10)		9:30 (11)		12:50 (11)		16:11 (11)		19:38 (11)		23:09 (12)		26:57 (13)		31:10 (28)	
41	584	Verity OCKENDEN	GBR	31 Aug 91	35:29													
1	3:14	2	3:25	3	3:28	4	3:31	5	3:33	6	3:37	7	3:43	8	3:45	9	3:44	3:29
	3:14 (42)		6:39 (41)		10:07 (40)		13:38 (39)		17:11 (39)		20:48 (38)		24:31 (40)		28:16 (42)		32:00 (43)	
42	525	Grace FETHERSTONHAUGH	CAN	13 Oct 00	35:32													
1	3:14	2	3:28	3	3:29	4	3:31	5	3:34	6	3:37	7	3:37	8	3:39	9	3:41	3:42
	3:14 (43)		6:42 (47)		10:11 (45)		13:42 (43)		17:16 (41)		20:53 (41)		24:30 (39)		28:09 (40)		31:50 (41)	
43	659	Kyla JACOBS	RSA	14 Oct 94	35:36													
1	3:23	2	3:32	3	3:34	4	3:37	5	3:35	6	3:39	7	3:38	8	3:39	9	3:34	3:25
	3:23 (66)		6:55 (61)		10:29 (59)		14:06 (56)		17:41 (52)		21:20 (49)		24:58 (49)		28:37 (48)		32:11 (47)	
44	504	Holly CAMPBELL	AUS	27 Jun 96	35:38													
1	3:12	2	3:25	3	3:30	4	3:36	5	3:35	6	3:42	7	3:39	8	3:47	9	3:41	3:31
	3:12 (37)		6:37 (37)		10:07 (41)		13:43 (44)		17:18 (44)		21:00 (44)		24:39 (44)		28:26 (45)		32:07 (45)	
45	666	Cacisile SOSIBO	RSA	31 Aug 97	35:40													
1	3:19	2	3:32	3	3:32	4	3:35	5	3:32	6	3:35	7	3:36	8	3:39	9	3:38	3:42
	3:19 (57)		6:51 (53)		10:23 (51)		13:58 (47)		17:30 (46)		21:05 (46)		24:41 (45)		28:20 (44)		31:58 (42)	
46	653	Sheyla EULOGIO PAUCAR	PER	22 Feb 98	35:44													
1	3:22	2	3:30	3	3:34	4	3:33	5	3:33	6	3:41	7	3:38	8	3:40	9	3:40	3:33
	3:22 (63)		6:52 (57)		10:26 (53)		13:59 (51)		17:32 (47)		21:13 (48)		24:51 (47)		28:31 (46)		32:11 (46)	
47	529	Ceili MCCABE	CAN	17 Sep 01	35:47													
1	3:07	2	3:24	3	3:27	4	3:35	5	3:36	6	3:41	7	3:43	8	3:45	9	3:46	3:43
	3:07 (27)		6:31 (28)		9:58 (32)		13:33 (32)		17:09 (37)		20:50 (40)		24:33 (42)		28:18 (43)		32:04 (44)	
48	599	Wakana ITSUKI	JPN	7 Apr 94	35:57													
1	3:20	2	3:32	3	3:29	4	3:37	5	3:35	6	3:39	7	3:40	8	3:43	9	3:43	3:39
	3:20 (59)		6:52 (56)		10:21 (48)		13:58 (48)		17:33 (48)		21:12 (47)		24:52 (48)		28:35 (47)		32:18 (48)	
49	687	Kereen CHEMUSTO	UGA	27 Aug 05	36:09													
1	2:58	2	3:19	3	3:36	4	3:45	5	3:40	6	3:43	7	3:48	8	3:53	9	3:47	3:40
	2:58 (14)		6:17 (18)		9:53 (25)		13:38 (36)		17:18 (43)		21:01 (45)		24:49 (46)		28:42 (49)		32:29 (49)	
50	661	Karabo MAILULA	RSA	17 Mar 02	36:14													
1	3:18	2	3:32	3	3:38	4	3:38	5	3:37	6	3:41	7	3:40	8	3:45	9	3:44	3:41
	3:18 (51)		6:50 (51)		10:28 (57)		14:06 (55)		17:43 (53)		21:24 (52)		25:04 (50)		28:49 (50)		32:33 (50)	
51	558	Angela VICIOSA	ESP	29 May 02	36:20													
1	3:21	2	3:34	3	3:33	4	3:38	5	3:40	6	3:44	7	3:45	8	3:45	9	3:46	3:34
	3:21 (61)		6:55 (60)		10:28 (58)		14:06 (54)		17:46 (56)		21:30 (55)		25:15 (56)		29:00 (53)		32:46 (53)	
52	636	Sabrina SALCEDO GARCÍA	MEX	26 Mar 03	36:21													
1	3:26	2	3:37	3	3:37	4	3:40	5	3:43	6	3:39	7	3:41	8	3:42	9	3:45	3:31
	3:26 (74)		7:03 (70)		10:40 (64)		14:20 (62)		18:03 (61)		21:42 (59)		25:23 (57)		29:05 (56)		32:50 (56)	

RACE ANALYSIS

Senior Race Women

53	600	Momoka KAWAGUCHI	JPN	28 Jun 98	36:21													
1	3:16	2	3:35	3	3:36	4	3:35	5	3:38	6	3:44	7	3:44	8	3:48	9	3:45	3:40
	3:16 (45)		6:51 (52)		10:27 (56)		14:02 (52)		17:40 (51)		21:24 (53)		25:08 (52)		28:56 (51)		32:41 (51)	
54	500	Caitlin ADAMS	AUS	7 Jul 97	36:24													
1	3:10	2	3:27	3	3:32	4	3:43	5	3:43	6	3:46	7	3:47	8	3:48	9	3:50	3:38
	3:10 (34)		6:37 (36)		10:09 (43)		13:52 (45)		17:35 (50)		21:21 (50)		25:08 (51)		28:56 (52)		32:46 (52)	
55	664	Cian OLDKNOW	RSA	17 Sep 96	36:25													
1	3:24	2	3:32	3	3:33	4	3:40	5	3:38	6	3:43	7	3:43	8	3:48	9	3:46	3:38
	3:24 (68)		6:56 (62)		10:29 (60)		14:09 (59)		17:47 (57)		21:30 (56)		25:13 (54)		29:01 (54)		32:47 (54)	
56	590	Juliana SAKAT	GHA	17 Jul 96	36:28													
1	3:16	2	3:35	3	3:35	4	3:43	5	3:45	6	3:49	7	3:45	8	3:48	9	3:42	3:30
	3:16 (47)		6:51 (55)		10:26 (55)		14:09 (60)		17:54 (59)		21:43 (60)		25:28 (59)		29:16 (59)		32:58 (58)	
57	523	Florence CARON	CAN	30 Dec 00	36:31													
1	3:14	2	3:27	3	3:33	4	3:44	5	3:47	6	3:54	7	3:48	8	3:45	9	3:44	3:35
	3:14 (40)		6:41 (45)		10:14 (46)		13:58 (50)		17:45 (55)		21:39 (57)		25:27 (58)		29:12 (58)		32:56 (57)	
58	645	Sophie HICKS	NZL	21 Sep 99	36:50													
1	3:19	2	3:33	3	3:34	4	3:40	5	3:39	6	3:45	7	3:44	8	3:47	9	3:47	4:02
	3:19 (55)		6:52 (58)		10:26 (54)		14:06 (53)		17:45 (54)		21:30 (54)		25:14 (55)		29:01 (55)		32:48 (55)	
59	531	Glynis SIM	CAN	14 Apr 98	37:04													
1	3:18	2	3:31	3	3:34	4	3:35	5	3:36	6	3:47	7	3:51	8	3:58	9	3:59	3:55
	3:18 (54)		6:49 (48)		10:23 (50)		13:58 (49)		17:34 (49)		21:21 (51)		25:12 (53)		29:10 (57)		33:09 (59)	
60	606	Sora SHINOZAKURA	JPN	9 Aug 01	37:10													
1	3:09	2	3:31	3	3:39	4	3:48	5	3:47	6	3:48	7	3:48	8	3:53	9	3:56	3:51
	3:09 (32)		6:40 (42)		10:19 (47)		14:07 (57)		17:54 (58)		21:42 (58)		25:30 (60)		29:23 (60)		33:19 (60)	
61	540	Qingqing LI	CHN	28 Jan 04	37:13													
1	3:16	2	3:33	3	3:35	4	3:43	5	3:55	6	3:57	7	3:56	8	3:56	9	3:51	3:31
	3:16 (46)		6:49 (50)		10:24 (52)		14:07 (58)		18:02 (60)		21:59 (62)		25:55 (62)		29:51 (64)		33:42 (62)	
62	640	Katrina ANDREW	NZL	1 Jul 93	37:19													
1	3:27	2	3:39	3	3:42	4	3:45	5	3:48	6	3:48	7	3:49	8	3:47	9	3:52	3:42
	3:27 (75)		7:06 (72)		10:48 (70)		14:33 (66)		18:21 (66)		22:09 (65)		25:58 (64)		29:45 (61)		33:37 (61)	
63	559	Liis-Grete HUSSAR	EST	14 Jan 92	37:29													
1	3:25	2	3:38	3	3:39	4	3:48	5	3:45	6	3:50	7	3:52	8	3:54	9	3:51	3:47
	3:25 (70)		7:03 (68)		10:42 (65)		14:30 (65)		18:15 (64)		22:05 (63)		25:57 (63)		29:51 (63)		33:42 (63)	
64	655	Layla ALMASRI	PLE	26 Jun 99	37:33													
1	3:21	2	3:37	3	3:41	4	3:47	5	3:47	6	3:53	7	3:56	8	3:56	9	3:55	3:40
	3:21 (60)		6:58 (63)		10:39 (63)		14:26 (64)		18:13 (63)		22:06 (64)		26:02 (65)		29:58 (65)		33:53 (65)	
65	517	Benita PARRA SÁNCHEZ	BOL	14 Jul 02	37:36													
1	3:18	2	3:33	3	3:41	4	3:45	5	3:47	6	3:52	7	3:59	8	3:56	9	3:58	3:47
	3:18 (52)		6:51 (54)		10:32 (61)		14:17 (61)		18:04 (62)		21:56 (61)		25:55 (61)		29:51 (62)		33:49 (64)	
66	654	Zarita SUÁREZ	PER	2 Jun 94	37:37													
1	3:26	2	3:39	3	3:44	4	3:46	5	3:52	6	3:54	7	3:54	8	3:51	9	3:51	3:40
	3:26 (72)		7:05 (71)		10:49 (71)		14:35 (68)		18:27 (68)		22:21 (68)		26:15 (68)		30:06 (66)		33:57 (66)	
67	662	Zanele MAISA	RSA	10 Apr 96	37:43													
1	3:23	2	3:35	3	3:40	4	3:47	5	3:51	6	3:58	7	3:58	8	3:56	9	3:55	3:40
	3:23 (64)		6:58 (64)		10:38 (62)		14:25 (63)		18:16 (65)		22:14 (66)		26:12 (66)		30:08 (68)		34:03 (67)	
68	634	Arian Iveth CHIA HERNÁNDEZ	MEX	5 Jun 01	37:44													
1	3:23	2	3:39	3	3:43	4	3:48	5	3:52	6	3:54	7	3:54	8	3:55	9	3:55	3:41
	3:23 (65)		7:02 (67)		10:45 (67)		14:33 (67)		18:25 (67)		22:19 (67)		26:13 (67)		30:08 (67)		34:03 (68)	
69	541	Yuan LI	CHN	3 Mar 06	37:53													
1	3:25	2	3:45	3	3:50	4	3:55	5	3:53	6	3:50	7	3:54	8	3:51	9	3:54	3:36
	3:25 (69)		7:10 (75)		11:00 (74)		14:55 (73)		18:48 (72)		22:38 (71)		26:32 (71)		30:23 (69)		34:17 (69)	
70	545	Panpan WANG	CHN	17 Jun 03	38:11													
1	3:24	2	3:39	3	3:44	4	3:50	5	3:55	6	3:52	7	3:59	8	4:01	9	3:59	3:48
	3:24 (67)		7:03 (69)		10:47 (69)		14:37 (70)		18:32 (70)		22:24 (69)		26:23 (69)		30:24 (70)		34:23 (70)	

RACE ANALYSIS

Senior Race Women

71	713	Caroline Fungisai	MHANDU	ZIM	12 Aug 95	38:38												
1	3:20	2	3:40	3	3:46	4	3:50	5	3:56	6	3:52	7	4:02	8	4:02	9	4:11	3:59
	3:20 (58)		7:00 (65)		10:46 (68)		14:36 (69)		18:32 (69)		22:24 (70)		26:26 (70)		30:28 (71)		34:39 (71)	
72	637	Marta	VAZQUEZ	MEX	22 Nov 88	38:55												
1	3:32	2	3:49	3	3:53	4	3:57	5	3:57	6	3:56	7	3:57	8	3:58	9	4:00	3:56
	3:32 (78)		7:21 (77)		11:14 (77)		15:11 (77)		19:08 (76)		23:04 (74)		27:01 (74)		30:59 (73)		34:59 (73)	
73	651	Maribel	AYQUIPA	PER	4 Feb 99	38:57												
1	3:26	2	3:40	3	3:48	4	3:53	5	3:56	6	4:04	7	4:04	8	4:05	9	4:03	3:58
	3:26 (73)		7:06 (73)		10:54 (72)		14:47 (71)		18:43 (71)		22:47 (72)		26:51 (72)		30:56 (72)		34:59 (72)	
74	543	Shuanglu	PAN	CHN	14 Apr 07	39:08												
1	3:19	2	3:35	3	3:50	4	4:03	5	4:04	6	4:06	7	4:03	8	4:09	9	4:01	3:58
	3:19 (56)		6:54 (59)		10:44 (66)		14:47 (72)		18:51 (73)		22:57 (73)		27:00 (73)		31:09 (74)		35:10 (74)	
75	652	Liz Anani	DURAND	PER	26 Jul 01	39:14												
1	3:28	2	3:44	3	3:55	4	3:57	5	3:59	6	4:02	7	4:03	8	4:08	9	4:05	3:53
	3:28 (76)		7:12 (76)		11:07 (76)		15:04 (75)		19:03 (74)		23:05 (75)		27:08 (75)		31:16 (75)		35:21 (75)	
76	537	Yuxuan	CHEN	CHN	4 Nov 04	39:32												
1	3:22	2	3:40	3	3:53	4	4:02	5	4:08	6	4:09	7	4:10	8	4:07	9	4:10	3:51
	3:22 (62)		7:02 (66)		10:55 (73)		14:57 (74)		19:05 (75)		23:14 (76)		27:24 (76)		31:31 (76)		35:41 (76)	
77	674	Vanessa Ying Zhuang	LEE	SGP	23 Feb 98	41:22												
1	3:44	2	4:05	3	4:11	4	4:14	5	4:14	6	4:17	7	4:12	8	4:11	9	4:10	4:04
	3:44 (83)		7:49 (83)		12:00 (83)		16:14 (82)		20:28 (80)		24:45 (80)		28:57 (79)		33:08 (78)		37:18 (77)	
78	675	Nicole	LOW	SGP	19 Jun 98	41:27												
1	3:44	2	4:02	3	4:07	4	4:12	5	4:17	6	4:17	7	4:19	8	4:20	9	4:09	4:00
	3:44 (82)		7:46 (82)		11:53 (81)		16:05 (81)		20:22 (79)		24:39 (79)		28:58 (80)		33:18 (80)		37:27 (79)	
79	657	Louise	GROSGOGEAT	PYF	9 Mar 94	41:33												
1	3:33	2	3:57	3	4:04	4	4:13	5	4:16	6	4:16	7	4:19	8	4:22	9	4:22	4:11
	3:33 (79)		7:30 (78)		11:34 (78)		15:47 (78)		20:03 (77)		24:19 (77)		28:38 (77)		33:00 (77)		37:22 (78)	
80	639	Nathania	TAN	NMI	1 Jul 01	41:48												
1	3:44	2	4:02	3	4:05	4	4:13	5	4:14	6	4:17	7	4:19	8	4:19	9	4:19	4:16
	3:44 (81)		7:46 (81)		11:51 (80)		16:04 (80)		20:18 (78)		24:35 (78)		28:54 (78)		33:13 (79)		37:32 (80)	
81	676	Xuan Jie	NG	SGP	26 Jul 05	41:57												
1	3:49	2	4:09	3	4:11	4	4:17	5	4:14	6	4:18	7	4:16	8	4:16	9	4:14	4:13
	3:49 (84)		7:58 (84)		12:09 (84)		16:26 (84)		20:40 (81)		24:58 (81)		29:14 (81)		33:30 (81)		37:44 (81)	
82	595	Rachel	CONHOFF	ISV	7 Nov 99	42:25												
1	3:31	2	4:01	3	4:11	4	4:14	5	5:03	6	4:09	7	4:21	8	4:22	9	4:24	4:09
	3:31 (77)		7:32 (79)		11:43 (79)		15:57 (79)		21:00 (82)		25:09 (82)		29:30 (82)		33:52 (82)		38:16 (82)	
83	656	Monica	KALUA	PNG	6 Mar 03	44:24												
1	3:34	2	4:05	3	4:17	4	4:29	5	4:37	6	4:33	7	4:40	8	4:47	9	4:45	4:37
	3:34 (80)		7:39 (80)		11:56 (82)		16:25 (83)		21:02 (83)		25:35 (83)		30:15 (83)		35:02 (83)		39:47 (83)	
84	625	Nada	EL KURDI	LBN	14 Jun 84	44:31												
1	4:02	2	4:17	3	4:20	4	4:27	5	4:30	6	4:38	7	4:35	8	4:40	9	4:38	4:24
	4:02 (88)		8:19 (87)		12:39 (88)		17:06 (87)		21:36 (86)		26:14 (86)		30:49 (86)		35:29 (86)		40:07 (84)	
85	716	Nour	AL GHOUSSAINI	LBN	8 Nov 00	44:39												
1	4:02	2	4:18	3	4:17	4	4:26	5	4:32	6	4:36	7	4:36	8	4:41	9	4:45	4:26
	4:02 (89)		8:20 (88)		12:37 (87)		17:03 (86)		21:35 (85)		26:11 (85)		30:47 (85)		35:28 (85)		40:13 (85)	
86	673	Faith Zhen	FORD	SGP	26 Sep 05	44:57												
1	3:51	2	4:14	3	4:20	4	4:29	5	4:33	6	4:36	7	4:40	8	4:44	9	4:51	4:39
	3:51 (85)		8:05 (85)		12:25 (85)		16:54 (85)		21:27 (84)		26:03 (84)		30:43 (84)		35:27 (84)		40:18 (86)	
87	627	Karine	SHRAIM	LBN	7 Jul 85	46:44												
1	3:57	2	4:11	3	4:24	4	4:44	5	4:57	6	4:45	7	5:12	8	4:57	9	4:57	4:40
	3:57 (86)		8:08 (86)		12:32 (86)		17:16 (88)		22:13 (87)		26:58 (87)		32:10 (87)		37:07 (87)		42:04 (87)	
88	629	Yangyang	WU	MAC	30 Jan 91	46:56												
1	4:07	2	4:30	3	4:35	4	4:42	5	4:45	6	4:45	7	4:54	8	4:52	9	4:56	4:50
	4:07 (90)		8:37 (90)		13:12 (90)		17:54 (90)		22:39 (89)		27:24 (88)		32:18 (88)		37:10 (88)		42:06 (88)	

RACE ANALYSIS

Senior Race Women

89 628 Jennifer TOMAZOU LBN 14 Jun 91 48:09

1	3:58	2	4:23	3	4:37	4	4:46	5	4:54	6	5:00	7	5:11	8	4:59	9	5:15	5:06
	3:58 (87)		8:21 (89)		12:58 (89)		17:44 (89)		22:38 (88)		27:38 (89)		32:49 (89)		37:48 (89)		43:03 (89)	

715 Answer Brandietta TASARA

ZIM 25 May 06 DNF

1	3:25	2	3:44	3	3:56	4	4:03
	3:25 (71)		7:09 (74)		11:05 (75)		15:08 (76)